

Resident businesses and services

(these advert free to members of NPNA)

Samadhi Shala, LLC (owner- Satya Tara Devi LMBT 8202) 107 East Club Blvd. Durham NC 27704 Eastern and Western Bodywork Slide Scale \$40-60 / hour yogashalanc.org / 1-919-237-3899

Quarter Moon Dreams Healing Arts, LLC is now offering therapeutic/integrative, Swedish, and deep tissue massage in my office at 2408 Hillsborough St. in the lower level. glenna.maynus@quartermoondream.com or 919-417-9537

Nancy Rizzo, NGP resident since 1988, Realtor® since 2000 and neighborhood pet sitter. Assisting with the purchase and/or sale of homes in Durham, Wake, Person, Orange, Granville, Franklin and nationwide relocation. 919 308 4306

Outsiders Art & Collectibles is pleased to offer a 15% discount to all Northgate Park Neighbors! Just come in and say, "I love living in Northgate Park!"

Adorn Boutique 905 West Main Street—Our American and European product lines add an easy elegance to your wardrobe. Artful accessories in the form of scarves, handbags, belts and jewelry will enhance your wardrobe.

Bull City Acupuncture 949-2676 \$35-55/session Treating problems with pain, sleep, digestion, stress, gynecology and more. bullcityacupuncture.com

BuildSense. Got drafts, allergies, high bills, other quirky old-house issues? Energy audit's too much, weatherization, not enough? A Home Comfort Survey from your neighbor, Bradley Yoder, of downtown Durham's **BuildSense**, can help. 919 943 0057 byoder@buildsense.com

Durham Green-pawz Local, green spa care for your four-footed companion! Baths, haircuts, toenail trims & more, for canines with an interest in low-pawprint grooming services. At our location, flexible scheduling, in-home by appointment to nearby areas. D. Hawkins, proprietor, [Durham Green-pawz](http://DurhamGreen-pawz) --- (919)-797-8155. For your pet, go green! ©

Michael Konvicka (Farthing Street) sells hand-dyed clothing for babies, children, and adults at the Durham Farmers Market on Saturday mornings. The Farmer's Market is located in the Durham Central Park pavilion on Foster Street on Saturdays from 8 a.m. until noon. Lots of good locally-produced food, baked goods, and crafts.

Did you know? NPNA has 116 members and Northgate Park has approximately 1150 households. Join us today!

NPNA Membership Form

Join or renew your membership today!

Make checks payable to: "NPNA", mail check and this form to:

Singer/NPNA, 311 Greenwood Drive Durham, NC 27704

Individual Household \$5-\$15, pay what you can

Business/Institution \$20

Name: _____

Address: _____

Phone: _____

Email: _____

Or use PayPal at our website Northgateparknc.org

ABOUT NORTHGATE PARK NEIGHBORHOOD ASSOCIATION

NPNA Meetings: Northgate Park Neighborhood Association meets the third Thursday of every month (except June and December) at 7:00 p.m. at the Friendly City Civitan Club at 2510 Glendale Avenue. All neighbors are welcome to attend!

NPNA Board of Directors: President: Ian Pond; Vice President: Adam Shestak; Treasurer: Dan Singer; Secretary: Carol Henderson; Members at Large: Alice Kolacinski, Line Dempsey, Debra Hawkins, Jeff "Boomer" Bakalchuck

Send in your report!

The NPNA Newsletter is published on a quarterly basis. And does not happen without the support, input and commitment of the community. If you would like to submit articles, news, recipes, favorite websites, or announcements for next quarter's issue, please email Ian Pond at ian.pond@yahoo.com.

If you would like to volunteer to deliver newsletters, please contact ian.pond@yahoo.com or 919-317-1241 We specifically struggle to get volunteers to deliver Roxboro Street, Club Boulevard and Duke Street

Hey! Want to Join our N'hood Listserv?

Go to: <http://groups.yahoo.com/group/NPNA> click "Join this Group" OR send email: npna-subscribe@yahoogroups.com



newsletter

Member of the Inter-Neighborhood Council

Food Truck Rodeos 2013

We have a great schedule of rodeos planned for 2013!

The program kicked off in February and will run through October. They will be held on the fourth Thursday of each month from 5.00pm to 8.30pm.

There will be 3-4 dinner trucks and 1-2 dessert trucks at each rodeo with lots of variety. In rotation this season we will have Pie Pushers and Only Burger as the most regular attendees with Chick-n-Que, Baquettaboutit, Sympathy for the Deli, Mama Duke's, Porchetta and Valentino's supporting. We also hope to see Will and Pops towards the end of the season. Desserts will include Parlor, Locopops, Sweet Stacey Cakes and Fahsyrah's Lemonade

In addition to great food we have a fun entertainment schedule this year with appearances by The Blue Tailed Skinks, Durham Ukulele Orchestra, The Piano Man, Down River bluegrass and hopefully one or two more! Make sure you show your appreciation to the acts and ensure their return by dropping paper in their collection box! March will be the year's first with live music thanks to Then Blue Tailed Skinks featuring our own Martha Dwyer as Spoonz

Taste Your Water!

Durham residents might notice a slight change in the taste and color of their water throughout the month of March, the city announced Monday February 16th.

From Feb. 28 through April 1, the city's Water Management Department will temporarily stop adding ammonia as part of the water treatment disinfection process in order to meet annual state and federal water requirements. During that time, only chlorine will be used for disinfection.

The department's Water and Sewer Maintenance Division will also begin flushing the entire water system to allow chlorine to disperse throughout the system. System flushing will begin in the evening of March 3.

UPCOMING EVENTS:

- March 9th—Park clean up
- March 28th—Food Truck Rodeo with The Blue Tailed Skinks
- March 17th—Creek Week clean up of Ellerbe Creek with Frog Hollow
- April 20th—Creative Peeps (if proceeding)
- April 20th—Clean up of Beaver Marsh with ECWA
- April 25th—Food Truck Rodeo (need music, interested?)
- May 23rd—Food Truck Rodeo with The Piano Man

Keep Durham Beautiful Bulb Blitz

Northgate Park neighborhood benefited from Keep Durham Beautiful's Bulb Blitz program again this year.

The program sources excess bulbs from garden center suppliers and distributes them free throughout the city with the proviso that they be planted where the public can see them. In our case, some one hundred Narcissi bulbs were distributed to NPNA members to be planted throughout the neighborhood.

Inter-Neighborhood Council (INC)

Inter-Neighborhood Council fall/winter update 2012-13

After seasons of excellent service, Mike Shiflett recently stepped down as INC representative and the Board of NPNA nominated Debra Hawkins as his replacement. Organized in 1984, INC is a coalition of Durham's neighborhood & homeowners associations. Its mission is to promote quality, stability and vitality of Durham's neighborhoods, gaining strength from sharing information & working together on common interests. INC interacts with city/county government and other community organizations to facilitate communication and foster participation & understanding in building a greater Durham for all (cont P2)

Although most of the flushing will be conducted Sundays through Thursdays between 9 p.m. and 7 a.m. to minimize the impact, customers should expect to see crews flushing during regular business hours as well. During the three-week flushing process, staff will start working (cont on P2)

Use your PayPal account to join NPNA at Northgateparknc.org

Taste Your Water (cont from P1)

in the north and south sides of the city and progress toward the center of the city.

During the process, residents might notice slight discoloration in their water when crews are working in their neighborhoods. Residents receiving kidney dialysis treatment as well as aquarium and pond owners should continue (cont on P2) to take special precautions to remove traces of ammonia and chlorine from the water prior to using it.

Residents should also check their water before washing white clothing. If water discoloration occurs, customers should run their water for a few minutes until it becomes clear. If water discoloration persists, contact the Water and Sewer Maintenance Division at 919-560-4344.

INC (cont from P1)

We aim to keep you up-to-date on INC happenings with our new quarterly column. Some activities of the fall/winter quarters included:

- * INC Neighborhood Hero Awards celebrations at Motorco in October. (Our honoree: longtime resident Donald Clary)
 - * Info session/Q&A on the status & future direction of state activity on stream restoration projects in Durham neighborhoods and parks
 - * Discussions & resolution/motion concerning potential changes to UDO guidelines relating to university/educational development, and updates on the status of proposed development for the Duke Diet Center land parcel
- Establishment of a new website & reintroduction of print materials for the Can You Spare a Change initiative -- (www.canyouspareachange.org) -- coincidentally occurring alongside new panhandling guidelines initiated by Durham City Council

INC meets every 3rd Tuesday @ Golden Belt Arts Complex (807 E. Main Street, building #2, 3rd floor DINS conference room). Visit www.durham-inc.org for more info or to join their listserv. A monthly report is given every 3rd Thursday at our NPNA meeting at Civitan Center by our representative (Debra Hawkins -- dhawkins913311@gmail.com). Thanks & see you next quarter!

Neighborhood Vet?

Hello Northgate Park residents. My name is Leilani Sabin and my daughter, Mia, and I are thrilled to be joining the neighborhood. I am a veterinarian and have hopes of opening Bull City Veterinary Hospital in a portion of the Imperial Building in downtown Durham this summer. I have 20 years of general practice experience and 3 1/2 years of veterinary acupuncture experience. I hope to meet all my neighbors and your pets. If I can answer any questions regarding your four legged friends, feel free to call my business line at 919-265-7555. Leilani Sabin, DVM



We are therapist owned & operated, and we're your neighbors!
\$45 for your first massage NGP residents get 15% off all future sessions
 919-627-8111 <http://>

GOT NATURE?
www.ellerbecreek.org

Since  k Watershed Association has protected  land in and around **OUR** neighborhoods, including the Beaver marsh peninsula Compare Foods. Help us do more! Become a member of ECWA today.

Levels: Individual \$25 _____ Family \$40 _____

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 Send check to: ECWA, PO Box 2679, Durham, NC 27705 or join online!




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MARTINEZ HOME IMPROVEMENT
 General Home Repairs

CREATIVE PEEPS
 A Northgate Park Event

Information and application form

Creative Peeps is an exciting new endeavor that will showcase the creativity in the Northgate Park neighborhood. Each participant will have the option to participate by displaying visual arts, performing music, dance or theatre, selling artistic/craft items, or offering an interactive arts activity during the run of the event.

Location: Northgate Park neighborhood

Date: Saturday, April 20, 2013

Time: 12Noon - 5:00pm

Each participant will be responsible for their own setup. The organizers will be responsible for big picture publicity, maps, and signage; however all participants are expected to assist in publicity by posting on Facebook pages, sending information out via their email lists and/or posting information on their respective websites/web pages. To participate please fill out the application on the second page of this document. Print out the application, fill it in and send it or bring it to Marni Goldshlag, 2303 Glendale Ave., Durham 27704 along with a \$15 either in cash (in person only) or with a check made out to Creative Peeps. If you need to bring it in person or you know someone who might need to pick up an application in person, please call Marni to set up an appointment (919-220-2135). Participation fees will be used for publicity, materials, labor, etc. If this cost makes it impossible for you to participate, please contact Marni or Sarah Wolfe (919-220-6292) to discuss a possible scholarship.

If you have any questions, please feel free to call Marni or Sarah (phone numbers above) or to email either of us at marnig@nc.rr.com or wolsrh@yahoo.com

The \$15 fee is non-refundable. Cancellation is required by 5pm on April 1. If you cancel any later, your information will still be publicized and you will likely have people coming to your location expecting participation.

Thanks so much for taking part. We look forward to the opportunity to explore all that you have to offer!

Did you notice?

Did you notice that the old Northgate Park sign from the corner of Acadia/Club has gone? Not to worry, the history is maintained with the sign being added to the fascia of the picnic shelter by the bridge in the middle of the park.

Durham Savoyards presents their 50th Anniversary production, **PIRATES OF PENZANCE.**

Preview night is March 14, 2013, and we'd love to see your friendly faces in the audience. The directors, cast, tech crew, and accompanying musicians have been working hard to put together a really fun show for you.

If you haven't gotten your tickets yet, please do! We're running for TWO WEEKENDS this year in honor of our 50th anniversary! You can get tickets from any cast member or directly through the Carolina Theater.

Performances will be March 14-17 & 22-24, 2013:

Thursday (Preview Night), March 14, 8:00 PM Friday and Saturday, March 15, 16, 22, & 23, 8:00 PM Sunday, March 17 & 24, 2:00 PM (matinee)

Tickets start at just \$10 for preview night, and \$15 for other performances

Useful Numbers

Neighborhood Improvement Services - 919-560-1647
Durham OneCall 919-560-1200
Durham Police non-emergency 919-560-4600

Clean Energy Durham

Clean Energy Durham – Resident volunteers help the 'hood to live greener!

Clean Energy Durham, celebrating five years of innovative green-energy initiatives in the Bull City, is a great local resource powered by the time & effort of our own NGP neighbor-volunteers. Their Mission: Moving America toward cleaner, safer energy by creating & educating organizations of neighbors helping neighbors. After much success with their home energy retrofit program, their current initiative is enabling greater use of alternative transport (public, cycling, walking) in the Bull City. As before, neighborhood volunteers act as a local resource for residents in making a shift to living in a more efficient, cost/energy saving way. Thus their 'neighborhood bus buddies' program, in which frequent transit riders share with neighbors their knowledge & experience with using the transit system; And a friendly competition between Durham n'hoods to see who can log the most BC Connector rides through May, called the Bull City Connector Challenge. To connect with or become a BusBuddy for NGP, or participate in the BCC Challenge or other programs, visit their website/enquire online at www.cleanenergydurham.org or phone business hours at (919) 323-3244.

Northgate Park T-shirts

Dear Neighbors,
Now's your chance to show off your design/graphics skills in our NGP T-shirt design contest! We are seeking creative folks to enter an image that expresses the essence and spirit of what it means to be a resident of this great neighborhood. All entries welcome, all ages too – not only grownups but younger residents/families strongly encouraged to submit an entry.
Please register your interest in being a contestant by sending an email to Debra Hawkins, NPNA Board Member, at dhawkins913311@gmail.com. (NOTE: Those who have registered interest via the fall rodeo sign-up sheets will also receive upcoming group emails.) We are hoping to have all entered designs ready to show at the March or April Food Truck Rodeo, at which time it will be possible for residents to cast their votes for the winning design. We then plan to pursue production of T-shirts with the #1 design and have these for sale at the Annual Neighborhood Picnic in June. All proceeds to benefit the many wonderful activities hosted by your NGP association :)

The Time is Right for Energy Efficient Home Improvements

If you're thinking about replacing your windows this year with more energy efficient options, Washington just upped the incentive to actually get the job done.

As part of the "fiscal cliff" agreement earlier this year, federal lawmakers agreed to reinstate the energy efficiency home improvement tax credits that had expired with 2011.

Homeowners who did not claim the full credit from 2006 -11 can now receive 10% of the cost, up to a \$200 tax credit, for Energy Star qualifying replacement windows purchased between Jan 1, 2012 through the end of this year. Homeowners can also claim up to a \$500 tax credit for other energy efficient home improvements from heating and cooling systems to insulation. More information on the program eligibility can be found at www.energystar.gov.

NANCY RIZZO
ReMax Winning Edge
1526 E Franklin St \Suite 101
Chapel Hill, NC 27514
919 308 4306
ABR,GRI,SRES,Broker, Realtor

A portion of my commission goes to the Duke Children's Miracle Network.

Local Business Owner?

This newsletter is hand delivered to each of the approximately 1150 homes in Northgate Park, to residents who love to shop and trade locally.

To advertise in this newsletter, contact ian.pond@yahoo.com

Thanks to all who opt to support this fun endeavor and to wearing/showing their pride in Northgate Park Neighborhood! "P.S. N'hood business owners: if you would be interested in sponsoring the contest for shirt printing or finalist prize(s), with opportunity to have your logo printed on the winning design shirts, we would love to hear from you as well!"

So What Does Happen to Durham's Recycling?

Last Fall, several Northgate Park residents had the opportunity to tour the SONOCO recycling plant recently. (Not to be confused with the oil company "Sunoco", SONOCO derives its name from its original title, the Southern Novelty Company.) SONOCO ships much of its recycled materials to it's own and other companies mills where they are used in creating food packaging, Sonoco uses the materials to make all Pringle's cans, 90% of all toilet tissue and paper rolls, , Campbell's soup-on-the-go can coatings, and instant tea and coffee containers. SONOCO actually pays Durham and other cities for their "recycling trash". They recycle 8-12 thousand tons a month! On average, over 90% of what SONOCO receives is recycled. The remainder they have to send to a landfill.

The sortation plant is a "Single Stream" operation meaning all recyclables get loaded on to a single conveyor for sorting. First of all a crusher breaks the glass (25% by weight of all recycling material) and forces it down through a latticed belt in to a hopper. Next a rotating magnet pulls all steel cans out of the mix. Then aluminum is withdrawn using an Eddie current that flips the cans off the belt. Finally there is an optical sorter which detects PET (Polyethylene) water/soda bottles and flips them in to their own hopper.

That's the end of the automation and now all that is left is cardboard, paper, plastic and trash! Hand sorting gets these materials in to appropriate hoppers with workers wearing long-sleeved top-of-the-range protective gloves. All materials are then banded and sold to processors/manufacturers.

There are many things acceptable for recycling now that weren't a few years ago. The complete list is at <http://durhamnc.gov/ich/op/swmd/Pages/Recycling.aspx> Aluminum and clean cardboard continue to be the most profitable. Here are a few of our commonest questions or misconceptions:

Glass bottles (broken are OK) are fine.
Caps and bottle tops are OK to recycle now—they do not have to be reattached to the bottle
The clear plastic packaging that comes around small toys or tools (and is almost impossible to open, unless you use a hand-held can opener, which works wonderfully) can be recycled.
Junk mail is fine including envelopes with plastic windows
Small paper (such as post-its) may end up in the waste stream. You could paper bag these to give them a better chance of being recycled.

Do not recycle the clear clamshells (such as those that hold large salad mixes or strawberries).
No Styrofoam (other than #6).
No plastic grocery bags (they get caught in the machinery and break it). If taken to a grocery store, they can be recycled safely.
No Pyrex or Corningware dishes; they are made of a material that is not recyclable.

Including banned materials in the recycling will decrease the amount that SONOCO (and therefore Durham) receives (and indirectly raise our taxes). It will not induce SONOCO to find a way to recycle them. Only a large business, like Wal-Mart, has enough recycling to influence what SONOCO is able and willing to recycle.

Computers, electronics and fluorescent light bulbs should be taken back to the store where they (or their replacement[s]) were purchased. They should not go in recycling or garbage. Or you can hold them and take them to the electronics recycling event that Durham holds twice a year (call Durham OneCall [919-560-1200] for dates).

We are lucky to be very near the Durham waste disposal center (dump) at 2115 E Club, and also the hazardous waste center at 1900 E Club and can take our stuff including electronics, appliances, batteries, paint and chemicals directly there (though it is important to call 560-4611 for times they are open).

- Key things we can do to increase the value of Durham's recycling?
- o Don't include grocery bags
 - o Use electronic recycling events for all appliances
 - o Don't include weird junk (bowling balls, engine parts etc – yes, we saw these!)
 - o The less bagging done the easier the sortation! Use paper if you need to bag.